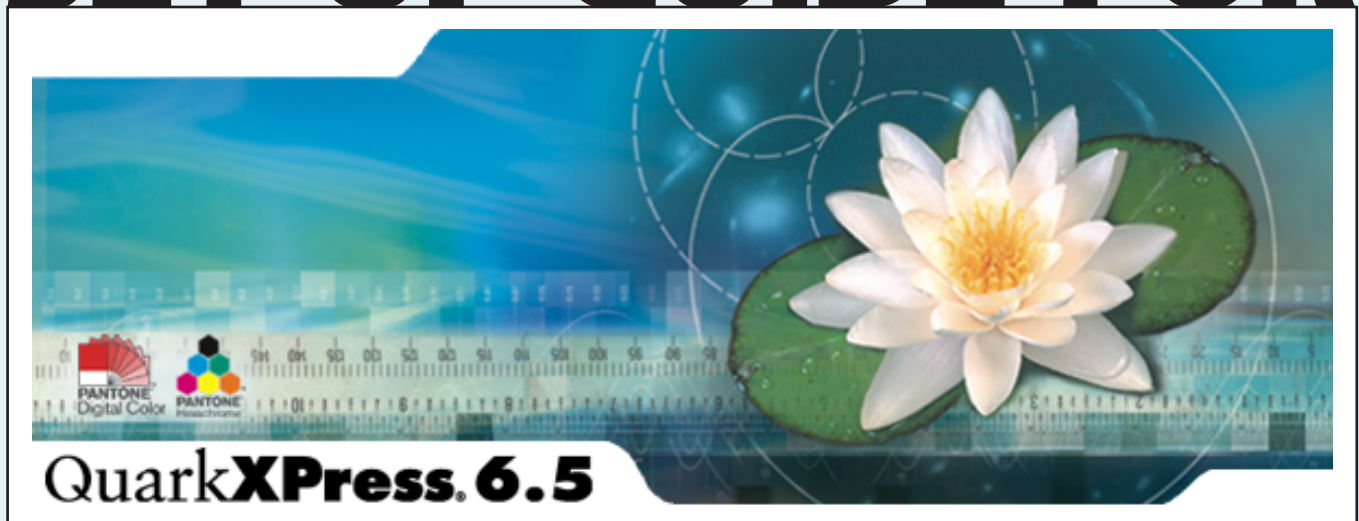


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SET UP GUIDE FOR



Including:

- Upgrade Information
- Setting up Extensions
- Quark CMS and Trapping
- PDF Creation:
 - Setup
 - Exporting

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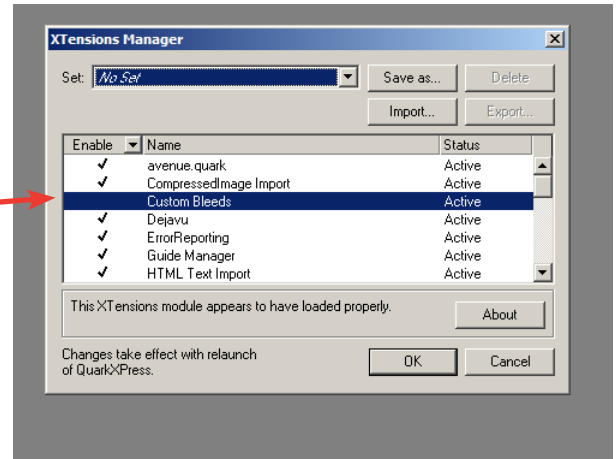
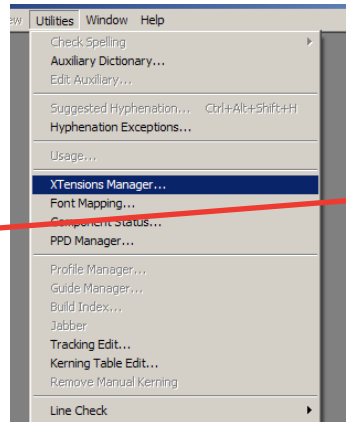
Step 1 Setup

Upgrade Information

If you have an older version of QuarkXpress 6 we recommend that you upgrade to 6.5. Free downloads are available on the Quark website <http://www.quark.com/service/desktop/downloads/>

1. Extensions

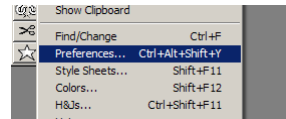
Open Quark with no document and open the menu Utilities/XTensions Manager. Uncheck OPI and Custom Bleeds (not shown).



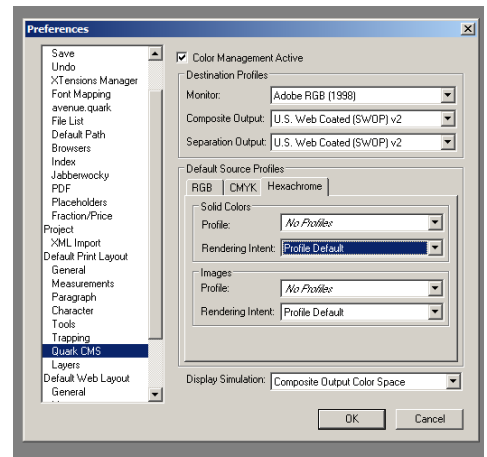
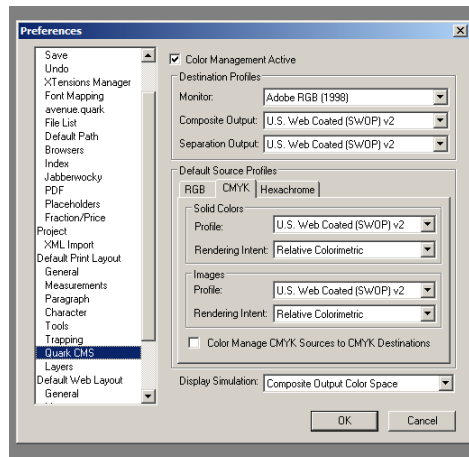
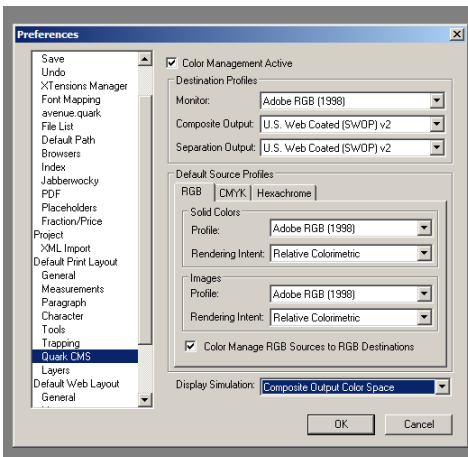
2. Quark CMS

Setting up your Color Management System will ensure proper color conversion to an Industry Standard (U.S. Web Coated (SWOP)v2) CMYK Color space.

a. In the menu select Edit/Preferences/Quark CMS.



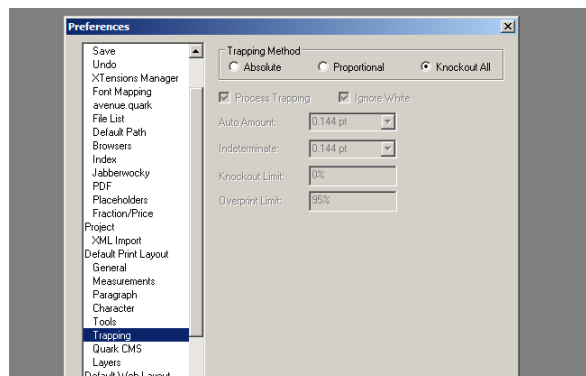
b. Set the Destination and Default Source Profiles As shown below.



3. Trapping

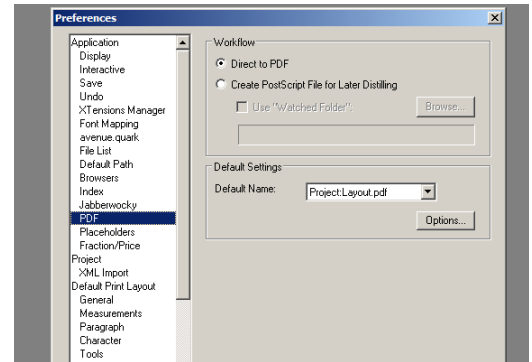
It's very important to set your Trapping in QuarkXpress to **Knockout All**.

All trapping will be applied at Cummings Printing.



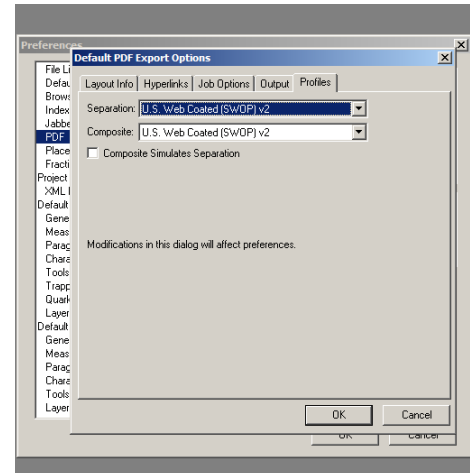
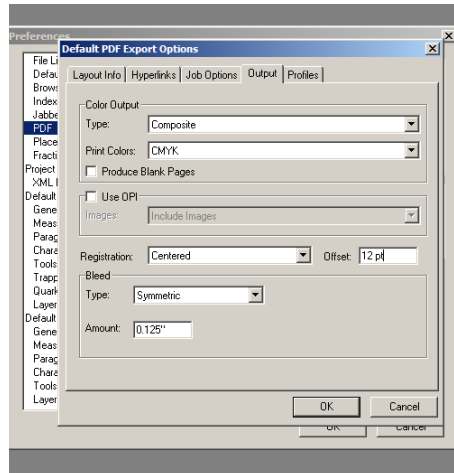
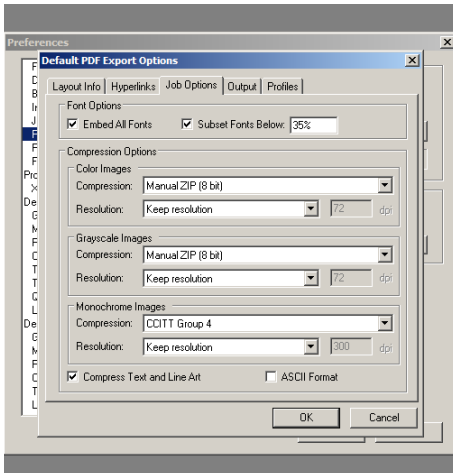
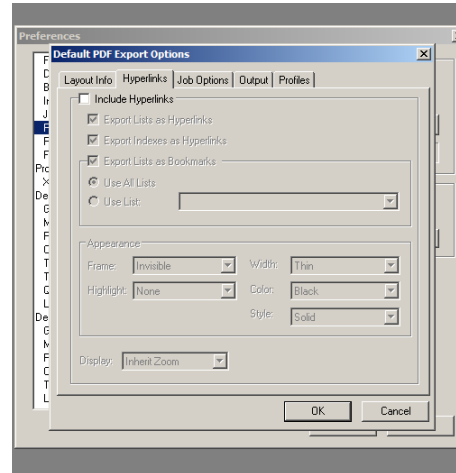
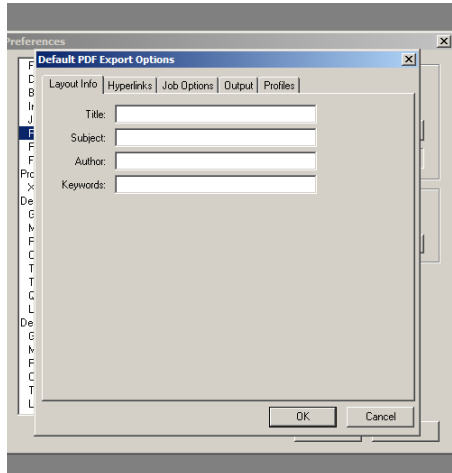
4. PDF

a. Go to Edit > Preferences. Choose the PDF tab. Make sure that it is set to Direct to PDF. (By default it is set to Create Postscript File for later Distilling.)



b. Select the Options button.

c. Select each tab and set to match the following screen shots.

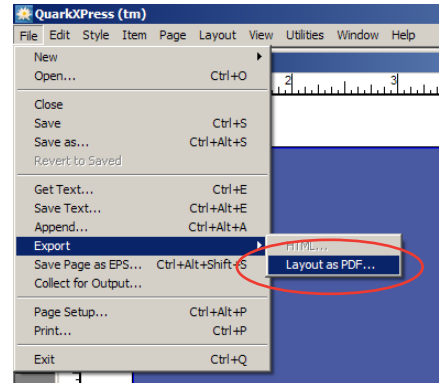


Step 2

Export

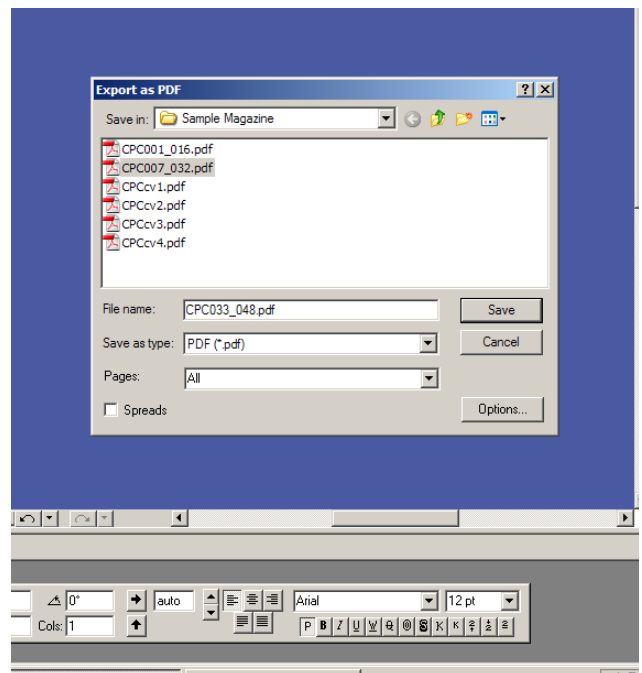
It is now very simple to make PDFs from Quark 6.5:

1. Choose EXPORT from the FILE menu and go to LAYOUT AS PDF



2. A "Save As" dialog box will open. Name your PDF with your specific publication code* and the page or page range it represents. Create a folder to save into, and click SAVE.

Please reference Technote #16 available on our website (www.cummingsprinting.com) for more information on proper file naming procedures.



You're Done!

Please open your PDFs and check that they represent the pages referenced in the file name. The lasers you provide to Cummings should be printed directly from the PDF files. Reduce the lasers if needed to allow crops and bleeds to print.

For technical questions regarding the information in this guide, please contact: techsupport@cummingsprinting.com

* Contact your Cummings Printing customer service representative for your specific publication code.